

# HEALTHIER DINNER

## IDEAS

- Lettuce-wrapped burgers with sweet potato fries
- Black and bleu steak salad
- Burrito bowls
- Beef and broccoli
- Fried rice
- Potato leek soup
- Stuffed portobellos
- Pesto fingerling and asparagus salad
- Fettuccine with cauliflower alfredo sauce
- Quinoa bowls
- Salad pizza
- Fajita bowl
- Meatballs and zoodles
- Steak and vegetable skewers
- Zucchini enchiladas
- Chili
- Veggie flatbread
- Spaghetti squash carbonara
- Brussels sprouts and kale caesar salad
- Vegetable ramen
- BLT pita pocket
- Stuffed flank with roasted potatoes
- Sausage, green bean, and potato skillet
- Thai noodle bowl with coconut broth
- Roasted cauliflower steaks
- Stir fry
- Zucchini boats
- Cauliflower risotto
- Italian wrap
- Whole wheat cacio e pepe
- Couscous with mushrooms and herbs
- Grilled steak with mushroom sauce and olive oil smashed potatoes
- Avocado toast
- Chickpea and orzo greek salad
- Spring rolls
- French onion soup
- Whole grain pizza
- Korean beef and rice bowls
- Caprese couscous
- Buffalo cauliflower bowl
- Soba noodle salad
- Sweet potato bun sliders
- Antipasto salad
- Lettuce wraps
- Philly cheese steak stuffed peppers
- Italian sausage and sauteed vegetables
- Tacos
- Lo mein
- Minestrone
- Cauliflower crust pizza